

ROTALORE

The weekly bulletin of the **ROTARY CLUB OF MANGALORE**

Vol. No. LXXII | ISSUE NO. 24 | RI Dist. 3181 | December 10, 2020

www.rotarymangalore.com

-  **President**
Rtn. PHF Archibald Menezes
+91 97411 62025
archiemenez@hotmail.com
-  **Secretary**
Rtn. PHF U. Vishal Mallya
+91 99723 37877
mallya_uv@hotmail.com
-  **Editor**
Rtn. PHF Ashwin Pai Maroor
+91 98455 48737
ashwinpaimaroor@gmail.com

Program Today

10.12.2020

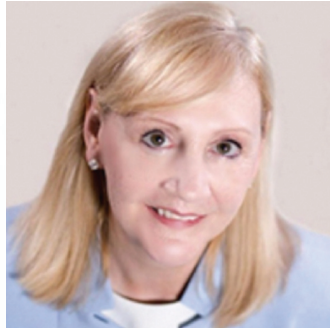
**LUTS: The Crisis
in men with
progressing age.**

**By Dr. G.G Laxman
Prabhu**

Prof. & Head – Urology
KMC Hospital,
Mangalore

Pursuing our mentoring moments

By Elizabeth Usovicz, Rotary International director-elect



When I speak with Rotary members about the importance of mentoring future leaders, I often hear, “I would love to be a mentor, but I don’t have the time.”

My response is a question and this story.

When was the last time you created a mentoring moment?

Last year, I participated in a networking event for students at a local university. The goal was for them to practice introducing themselves to business professionals, engage in conversation for a few minutes, and transition politely into another conversation.

One of the students I met was studying fashion merchandising. I asked how she became interested in merchandising, and she told me, “It started with a mistake I made at work.”



Manufactured by
Maroor Impex

WINDOWS THAT MAKE THE HOUSE

- High Acoustic/Sound Insulation
- Efficient Thermal Insulation
- Wind Resistance • Weather Tightness



www.vensterwindows.com



95353-66977



She worked part-time in an upscale department store, selling women’s apparel. One day, a customer bought the outfit that a mannequin was wearing. Rather than leave an undressed mannequin on the sales floor, the student selected and dressed the mannequin in a new outfit.

Creating a mentoring moment

When she reported to work the following week, she was summoned to a meeting with the regional buyer for women’s clothing. “I thought I was in trouble, that I was going to lose my job,” the student told me. Instead, the buyer turned the meeting into a mentoring moment. The buyer explained that clothing selections for store mannequins were a corporate decision – and also, that the clothing she selected was selling well.

The buyer told the student that she had talent, informed her about the fashion merchandising program at the university, and encouraged her to apply. The buyer continues to take brief moments to mentor and encourage the student. “She wants to hire me when I complete my degree,” she told me proudly.

Mentoring moments are memorable and empowering

Her story was the most memorable introduction I heard that day – but what impressed me even more was the forward-thinking buyer. She not only recognized the student’s talent, but also had the courage and confidence in her own abilities to



City Bakery
For Fresh Bakery Products & Savouries

 0824-2223628/2211260  citybakerymangalore

Manufactured By: City Bakery, Kalpane, Kulshekar Road, Mangalore - 575005

take the intentional step to be a mentor and role model. She set an example for the student, who hopefully will see herself as a mentor and role model for other young women as she progresses in her own career.

This mentoring moment is relevant to Rotary.

We are all potential role models and mentors for young Rotary and Rotaract members. It takes our intention, not our time, to recognize and encourage their talents in our in-person and virtual interactions.

Young leaders are watching and learning from the things we think, say, and do. Mentoring moments are an empowering step in opening opportunities for this next generation of talented Rotary leaders.

About the author: Elizabeth Usovicz is a member of the Rotary Club of Kansas City-Plaza, Missouri, USA, and Rotary International director-elect for Zones 30 and 31. She was a honoree at the White House in 2014.

Research has found that clubs with mentor programs have a better time retaining members. Take the Mentoring Basics course in the learning center to learn the benefits and responsibilities of mentoring adult professionals.

(Source: www.rotary.org)



M.S.PAI & CO.

Showroom:
City Trade Centre, Opp. City Hospital, Kadri,
Mangalore - 575003.
Ph: 0824-2426045, Mob: 9886318990
Web: www.mspai.in | Email: mspai1953@gmail.com

CLUB ACTIVITIES



Our club donated note books to 74 students of Dakshina Kannada Zilla Panchayat Higher Primary School, Bikarnakatte. 211 Note Books worth of Rs. 7,500/- were distributed to 74 students. Rtn. Sunil Jalan donated a sum of Rs. 2,500 and our club donated Rs. 5,000 to procure and distribute these note books. President Rtn. Archibald Menezes & Rtn. R.K.Bhat attended the function at the school. Rtn. Naveen Narayan Coordinated the program.

*(Reported by Rtn. PHF Raghavendra K Bhat,
Community Service Director)*

Club Diary - 03.12.2020

ANNUAL MEETING

The meeting began with an invocation by Rtn. Rajendra Kalbavi. President Rtn. Archibald extended a warm welcome to all the Rotarian's for the first physical meeting of this year. He informed the members that the Board is planning to have physical meetings for our Club

VISHWAS
Shutter gates
Collapsible gates
ROLLING SHUTTERS
Next to H.P Petrol Pump, Misson Street, Bunder,
Mangaluru - 1, E-mail : uvishwas@gmail.com

Ph.: +91 824 2420316 Mob: 9845118383

Remote Operating Range upto 90ft
In-built electronic locking system
For new & existing gates / shutters
Guaranteed & reliable
Residential/Commercial/Industrial



from January 2021 onwards. He requested the members to donate generously to The Rotary Foundation and hoped to become a 100% contributing club before the Governor's visit which is likely to be in the month of April 2021. Rtn. Divakar Pai Kochikar donated a sum of \$250 towards The Rotary Foundation and President Rtn. Archibald thanked him for his generosity. He also informed the members that our Club's request for District Grant for the year 2020-21 has been approved. The project that is proposed under this grant is "Education: Literacy for - E-Learning facilities to Navachetana School Neermarga". An amount of \$3670 has been sanctioned for this project.

The Profit & Loss Account and Balance Sheet for the year 2019-20 was on display for the members. A meeting of the Board of Directors was held on 29th November 2020 and Vice President Rtn. Kiron P.K read out the excerpts from the minutes of the meeting.

Candidature were invited for the offices of President Nominee, Secretary, Treasurer, Vice President and 4 members of the Board of Directors in the first meeting of November 2020. Accordingly 8 applications for the above



SCHOOL BOOK COMPANY

• Books • Stationery • Paper • Inv. Cards

Mangaluru

Ph. : 0824 - 4277777 / 4273777 E-mail : schoolbooksty@gmail.com

www.sbco.in

Authorised Dealers of :



posts were received. President Rtn. Archibald informed that since there were no multiple applications for any posts, election was not required and declared that Rtn. Sudhir Kumar Jalan will be at the helm of affairs as the President in the year 2021-22 and his newly elected team is as follows:

Rtn. Dr. Sidharth Shetty	-	Director
Rtn. Prassanna Shenoy	-	Director
Rtn. Dr. Arjun Nayak	-	Director
Rtn. S. Sudhir Nayak	-	Director
Rtn. Abhijit Shet	-	Secretary
Rtn. Naveen Narayan	-	Treasurer
Rtn. Vivekanand Pai	-	Vice President
Rtn. Raghvendra K. Bhat	-	President Nominee

On behalf of the Club, President Rtn. Archibald congratulated the new team followed by acceptance speech by President Elect Rtn. Sudhir Jalan. President Rtn. Archibald thanked the members for attending the first physical meeting and adjourned the meeting for the National Anthem.

Know Rotary

INVOCATIONS AT CLUB MEETINGS

In many Rotary clubs it is customary to open weekly meetings with an appropriate invocation or blessing. Usually such invocations are offered without reference to specific religious denominations or faiths.

Rotary policy recognizes that throughout the world Rotarians represent many religious beliefs, ideas and creeds. The religious beliefs of each member are fully respected, and nothing in Rotary is intended to prevent each individual from being faithful to such convictions.

At international assemblies and conventions, it is traditional for a



INDIRA HOSPITAL

FALNIR, MANGALORE-575002

SPORTS MEDICINES & ARTHROSCOPY SURGERY

Phone : 0824 2430111, 2431222, 2431333. Fax : 0824 4260888, 4288084.
Email : info@indirahospital.com. Web : www.indirahospital.com

Facilities And Services

- ◆ Physiotherapy department
- ◆ 24 hours service of Specialist Doctors
- ◆ 24 hours Accident & Emergency service
- ◆ Ultrasound scanning & Echocardiogram Unit
- ◆ Fully computerised Lab with Automatic Blood Analyser
- ◆ ICU & ICCU (High Dependency) with specialised nursing care

silent invocation to be given. In respect for all religious beliefs and in the spirit of tolerance for a wide variety of personal faiths, all persons are invited to seek divine guidance and peace “each in his own way.” It is an inspiring experience to join with thousands of Rotarians in an international “silent prayer” or act of personal devotion. Since each Rotary club is autonomous, the practice of presenting a prayer or invocation at club meetings is left entirely to the traditions and customs of the individual club, with the understanding that these meeting rituals always be conducted in a manner which will respect the religious convictions and faiths of all members and visitors.

(Source: www.rotaryclubone.org)

Anniversary Greetings

- Rtn. Jathin V. Attavar & Ann Purna J. Attavar** - 4th December
- Rtn. M. Sunder Shetty & Ann Shashikala S. Shetty** - 6th December
- Rtn. PHF Dr. Arvind Shenoy & Ann Nina Shenoy** - 8th December

Club Pulse

03.12.2020

Club Strength	98
Present	61
Absent	37
Percentage	62%
% After Make-up	
26.11.2020	48%
19.11.2020	49%

Weekly Meeting

Thursday
At 7.00 PM
Moti Mahal

Program Next Week

17.12.2020
CHRISTMAS
CELEBRATIONS
Dinner Meeting
Anns Invited

Printed at Codeword Process & Printers, Mangalore © 9900100818

Baliga Stores
Since 1941

Baliga Stores Super Market
BEJAI KAPIKAD ROAD, MANGALURU - 575004
📞 **81477 77797**

NOW HOME DELIVERY ANYWHERE IN MANGALORE CITY